



KY NASP® NEWSLETTER

September 2022



2023 National & Kentucky NASP® Dates Set

This year's state tournament will again be held at the Kentucky Exposition Center, located at 937 Phillips Lane, Louisville. The Kentucky NASP® state bullseye and 3D Challenge tournaments continue to be the largest NASP® state tournament, allowing over 7,000 archers to compete! Kentucky's qualifying teams and archers will advance to the Eastern National, which is also held at the Kentucky Exposition Center and will host NASP® bullseye, NASP® / IBO 3D Challenge, and Centershot tournaments. More information will be sent out as tournament dates draw closer. The 2023 Open / Championship tournament will be held in sunny Myrtle Beach, SC! This is an archery adventure you won't want to miss! Additional details may be found at www.naspschools.org.



KY NASP® STATE CHAMPIONSHIP
KY Exposition Center, Louisville, KY
March 17 - 18, 2023

NASP® EAST NATL TOURNAMENT
KY Exposition Center, Louisville, KY
May 11 - 13, 2023



NASP® OPEN & CHAMPIONSHIP TRNY
Myrtle Beach Conv Cntr & Sports Cntr,
Myrtle Beach, SC
June 8 - 10, 2023

Have you Downloaded the App?

Manage and store Basic Archery Instructor (BAI) information

This app will serve as official BAI credentials for tournament registration. BAIs can now submit the required annual report and keep their contact information up to date quickly and easily through the app!

Access NASP® tournament scores, rankings, & event information

Follow schools and archers to keep track of current tournaments and scores. View archer history and analytics for NASP® tournaments.

Use as an electronic scorecard for virtual tournaments



Tournaments

KY NASP® STATE CHAMPIONSHIP
Bullseye & IBO 3D Challenge
Kentucky Exposition Center
Louisville, KY
March 17 - 18, 2023



Bull's-eye
Document



3D Challenge
Document

NASP® WEST NATL TOURNAMENT
Bullseye & IBO 3D Challenge
Mountain America Center
Salt Lake City, UT
April 27-29, 2023

NASP® EAST NATL TOURNAMENT
Bullseye & IBO 3D Challenge
Kentucky Exposition Center
Louisville, KY
May 11 - 13, 2023

NASP® OPEN & CHAMPIONSHIP TRNY
Bullseye & IBO 3D Challenge
Myrtle Beach Convention Cntr & Sports Cntr
Myrtle Beach, SC
June 8 - 10, 2023



National, Open
& Championship
Bullseye
Document

National, Open
& Championship
3D Challenge
Document

REGISTER FOR A TOURNAMENT

Links

What is NASP®?

National NASP® Website

Equipment Details

Ordering Equipment

BAI Classes

KY NASP® Website

Contact Information

Start a NASP® Program

General Information

BAI Manager

Contact Information

Lisa Frye
State Coordinator

(502) 229-1861
lisa.frye@ky.gov

NASP® & KY NASP® Rules are Published with Changes

How well do you know the rules?

Every year, a few adjustments are made to the rules in an effort to ensure consistency and fairness during tournaments the entire year. The national rules have been posted at www.naspschools.org with new changes highlighted in yellow. Kentucky rules have been posted at www.fw.ky.gov/nasp with additional state specific language highlighted in blue as well as the new national rules in yellow. Most of the time, illegal equipment results from a well-intentioned but uninformed source. We highly encourage that the rules be shared with all NASP® instructors, archers, parents, and local bow shops. It would also be a great idea to discuss the equipment section in the rules with the entire team. Ultimately, it is EVERY coach and EVERY archer's responsibility to be familiar with and to follow all rules.

Below is a summary of the modifications in the 2022-23 national rules:

3.4.8. Archers/schools are required to provide their own arrows at national tournaments.

3.5.6. Finger or wrist slings are allowed. Chain or cable may not be used as wrist slings.

3.5.7. Mechanical release aids or devices designed to hold the bow at full draw are prohibited.

3.5.8. Archers must be able to draw, hold, and release the bow string on their own.

4.4.11. If an archer fails to shoot all 5 arrows, and returns behind the waiting line, remaining arrows will be scored as zeros.



— REQUIRED DOCUMENTS

Principal Verification Letter

If archers or teams wish to compete in NASP® tournaments, the school must submit a Verification Letter form from their school's Principal verifying that the minimum of 10 hours of in-school lessons has been taught or will be taught before July 1, 2023. The completed form must be emailed to their Regional Coordinator before December 1st, 2022 along with a note that all NASP® Student / Parent Waivers have been signed and collected by the coach. Competing NASP® schools that fail to meet the minimum in-school requirement will be ineligible to compete the following 2023-24 school year. The Verification Letter form may be found online at www.fw.ky.gov/nasp.

Student/Parent Waiver and Release of Liability Agreement

Coaches must collect waivers from each archer that competes during the year in KY NASP® bullseye or 3D Challenge tournaments. The waivers must be signed by the parent/guardian and contain the archer's name, address, and the name of the school where the archer is enrolled. The waivers should be collected and held by the coach throughout the season and have them accessible at each tournament.

What You Need to Know About Hosting a State Qualifying Tournament

Any school wishing to host a State Qualifying Tournament will need to review the Criteria for Hosting a State Qualifier document at www.fw.ky.gov/nasp. If the school can meet the criteria, they can send the signed criteria document to lisa.frye@ky.gov and then create and submit their state qualifying tournament post for approval at www.nasptournaments.org. Full details are found in the Criteria for Hosting a KY NASP® State Qualifier document located online at www.fw.ky.gov/nasp. Listed below is a summary of some of this year's updates:

SQ tournaments must be scheduled between Friday, December 2nd, 2022 and Saturday, February 25th, 2023. All scores MUST be uploaded by 9pm ET on Saturday, Feb 25th. Tournaments must also be posted on nasptournaments.org and approved prior to December 1st, 2022. Posting of SQ tournaments after the December 1st deadline will be considered only if there are no other postings for that area. Contact lisa.frye@ky.gov with any late postings for consideration.

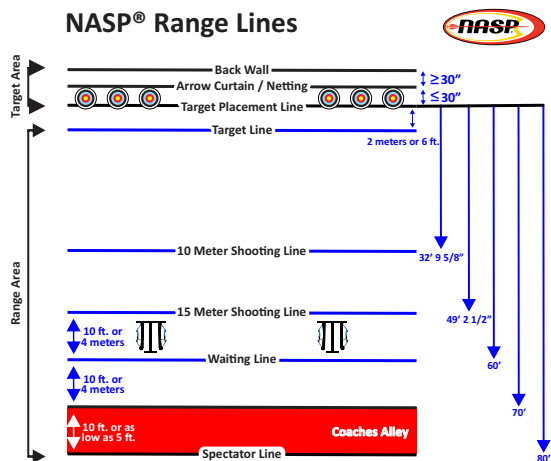
SQ tournaments are to be open to all KyNASP® schools. Invitationals restricting participation to certain areas/schools, like regionals, will be posted as local tournaments. They will not be state qualifying tournaments.

CANCELLATION POLICY: A tournament with the required minimum number of registered archers may not be canceled unless the school district has canceled all activities due to inclement weather or other emergencies. A host may not cancel simply due to low number participation if the minimum number of archers is met.

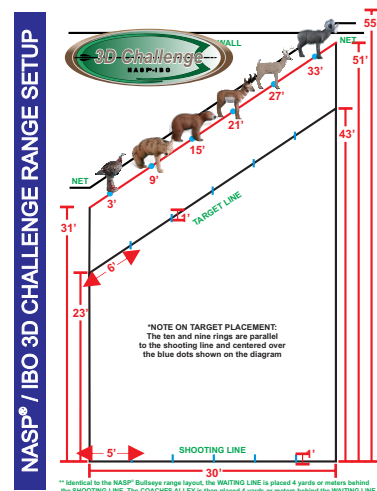
Pre-registration is required for SQ tournaments. BAIs trying to add archers on-site must show credentials with the NASP® Portal APP. They must be able to show they are associated for tournament registration purposes with the registering school. Individuals not able to show credentials on the NASP® Portal APP of association for tournament registration purposes MAY NOT register/add student archers.

IMPORTANT NOTES: Any tournament registration volunteer registering an archer without asking and collecting appropriate documentation will have their certification terminated. Any BAI trying to register on-site without proper credentials will have their certification terminated. Any parent/guardian trying to register without the proper credentials or without their school's coach/principal approval may cause their child to be excluded from NASP® competition for the rest of the year.

Teams and archers are ranked throughout the season based on the top score achieved at a State Qualifying event. Rankings are posted bi-weekly, beginning mid- December through the end of February. The rankings are then used to determine registration tiers for the state tournament in March.



**Printable
Range Layouts
www.fw.ky.gov/nasp**



In-School Requirements for Participation in NASP® Tournaments

In order for archers from a school to compete in NASP® tournaments, NASP® lessons must be conducted as part of the in-school curriculum for a minimum of 10 hours per school, per year. Classroom lessons must at least include instruction on determining eye dominance, using the Stringbow® to teach the Eleven Steps to Archery Success®, the Safety Orientation and shooting of bows and arrows on a NASP® range.

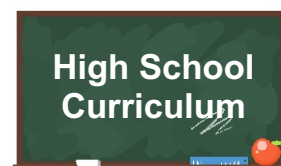
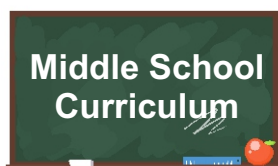
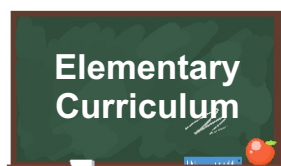
Examples of how this might occur include at least 10, different archery classes of 1 hour each – daily for 2 weeks, twice weekly for 5 weeks, etc. or 5 classes per day of 1-hour each, for 2 different days.

When a school meets or exceeds this minimum, even if not every student in the school takes the archery class, EVERY student in the school is considered eligible for NASP® tournaments. It is expected that even those who do not take the in-school instruction, will be provided safety and shooting form instruction if they join the FOLLOW-UP archery club or team before they attend a NASP® tournament.

Prior to participating in any NASP® competitions during a school year, the head coach for a school's team (or other coaches associated with the school for tournament purposes) will be required to log in to the School Manager for the school. This coach will be required to acknowledge that they understand the in-school teaching requirement and commit to making sure that the requirement is met.

NASP® Offers Curriculum for In-School Instruction

Although the required 10 hour minimum of NASP® in-school instruction may be taught in any class, most schools provide the instruction in PE classes. Teachers may write their own curriculum using their manuals as a resource or they may use the curriculum provided online. The curriculum meets or exceeds all U.S. minimum Standards. A separate curriculum has been written for elementary students (4th - 5th grades), middle school students (6th - 8th grades), and high school students (9th - 12th grades). The documents are free to use and may be downloaded at www.naspschools.org or by clicking the links below.



3D Challenge Fundraising Opportunity



KY NASP® is also offering schools the use of 3D targets to host a NASP® / IBO 3D Challenge Tournament, raising funds to purchase archery equipment for their program (this offer also applies to brand new schools raising money for a start-up kit.) The tournament must abide by all NASP®/IBO 3D Challenge rules, be posted on the tournament website, www.nasptournaments.org, and use the pro software.

Targets must be picked up and returned to The Kentucky Department of Fish and Wildlife Resources in Frankfort, KY. Pickup must be within 2 days of the event and the return within 2 days after the event. A core replacement / usage fee of \$2 per archer will be invoiced from KY NASP® after the event. Interested schools may email Lisa Frye at lisa.frye@ky.gov.

Back to School - Want to Start a NASP® Program?

Since NASP® (National Archery in the Schools Program) is an in-school program, the first step to implementing the program in your school is to get the school administration to agree to offer the program in the school during school hours. In-school participation is most typically conducted as part of a gym class.

The next step will be to get the instructor(s) trained as a NASP® Basic Archery Instructor (BAI). The trainings are offered regularly throughout the year at many locations around the state. Training dates may be viewed online at www.naspbai.org.



Once an instructor for the school is trained, equipment may be purchased. Schools may order equipment directly from the national NASP® website at a substantial savings over retail pricing. For convenience, NASP® has put together a “standard kit”, costing approximately \$3200 depending on the brand of target selected. The kit includes 10 right handed bows, 2 left handed bows, 5 targets, 120 arrows, 1 safety curtain, 1 bow rack, and 1 equipment repair box. This equipment will allow up to 10 archers to shoot at one time. Equipment may be viewed at www.naspschools.org/equipment and ordered at www.naspschools.org/equipment-order-forms/.

KY NASP® Offers Equipment Grants



Schools implementing NASP® as a new program in their PE curriculum, may apply for a \$500 grant from KY NASP®. The school must have a PE teacher trained in order for the school to receive the grant. The grant must be applied toward the standard kit offered on the NASP® website or a package equivalent to the kit. If interested, email the Regional Coordinator and ask for the grant form. Once the form is returned and approved, equipment may be ordered. Please write “Recipient of a \$500 grant from KY NASP” at the top of the order form and the \$500 will be deducted from the total amount due.

Tips for Successful Archery Lessons

Brand new archers begin shooting at a 5-7 meter distance. When all students are shooting safely and consistently hitting the target, a coach may move the shooting line to 10m. When all students are shooting safely and consistently hitting the target from there, the coach may move the shooting line to 15m.

Begin elementary archers at 5 meters and then move to 7 first and then to 10 and 15 after all students are shooting safely and consistently hitting the target at those distances.



Basic Archery Instructor Trainings Offered

It's a great time make sure that the school's in-school instructor and all coaches participating in the 2022-23 season are Basic Archery Instructor Certified! In Kentucky, all staff and volunteers that will be working on the range with archers must be BAI certified. A list of classes may be viewed online at www.naspbai.org and then clicking on Class Schedule. To show appreciation to the PE teachers wishing to implement the NASP® program into the school curriculum, KY NASP® covers the cost of the Basic Archery Instructor Training! Once registered for a class, the PE instructor may simply bring a letter to the class from the Principal of the school stating that they will be implementing the NASP® curriculum during school hours and the class fee will be waived. After school coaches may want to check with the school administration now to make sure the current PE teacher is trained.

www.naspbai.org - for a listing of classes

KY NASP® Contact Information

Region 1 Coordinator - Eddie Givens

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kynasp1@gmail.com

Region 2 Coordinator - Dave Starks

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david.starks@hopkins.kyschools.us

Region 3 Coordinator - Christie Zimmer

(270) 945-3351
kynasp3@hotmail.com

Region 4 Coordinator - Tammy Mills

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mil2tam@yahoo.com

Region 5 Coordinator - Christie Zimmer

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kynasp5@hotmail.com

Region 6 Coordinator - Laura Parrish

(502) 649-3576
region6nasp@gmail.com

Region 7 Coordinator - Kia Wallen

(606) 307-0703
kynasp7@gmail.com

State Coordinator - Lisa Frye

1329 Crestwood Drive, Prestonburg, KY 41653
Office: (502) 892-4433 or Cell: (502) 229-1861
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Region 8 Coordinator - Emily Baker

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Region 9 Coordinator - Eric Sowers

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